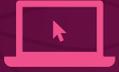


COVID-19's Impact on Women

Key Findings



Women

supervised at-home
or online school
more than any other
family member



1 in 5

women were laid
off, furloughed or
lost their job



Single

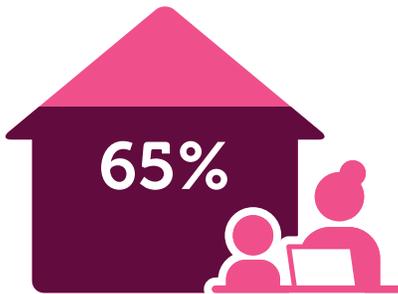
women and
lower-income earners
were hurt most



70%

of women with
children felt their
mental health
suffer

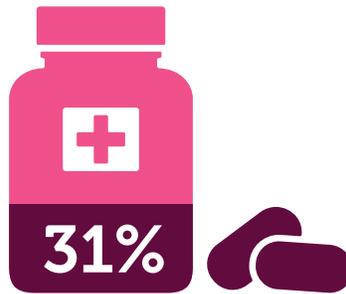
Burdened with greater responsibilities



**of those with kids at home
said "mom" provided primary
care during the pandemic.**

With the increase of remote work combined with a sudden loss of childcare and schooling, the COVID-19 shutdown contributed to an increased responsibility burden for working women in Northeast Wisconsin.

Poor mental health and greater stress



**took prescription
medication to help with
emotions or concentration.**

Working plus caring for children equaled higher stress and greater mental health struggles. Working moms cared for their family with little support and likely faced work challenges due to increased time constraints, leaving moms less time for rest and healing.

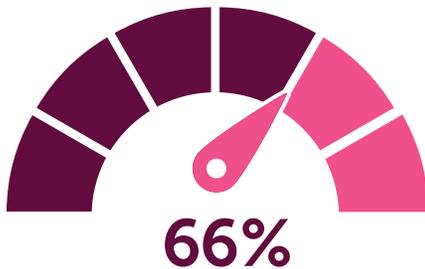
More frequent, intense abuse



**of moms who reported their
child(ren) were yelled at,
blamed, criticized or teased
before the pandemic said it
happened more often during
the pandemic.**

Women who experienced verbal threats, criticism, blame, mean teasing and physical attacks before the pandemic experienced more frequent and intense abuse during the pandemic. Children were also exposed to higher rates of verbal abuse.

Struggling with stress and mental health



66%
said the pandemic had a
major or moderate impact
on their mental health.

While most women believe their daily stress level will drop after the pandemic, few think their daily stress level will return to where it was pre-pandemic.

Steep, unique challenges for lower income and unpartnered women

Lower income or unpartnered women with children in the home faced even greater challenges, such as working fewer hours, having a less flexible work schedule and being furloughed more than all other women.

Taking medical risks



54%
of women delayed getting
medical care because of the
pandemic.

During COVID-19, women who needed treatment other than coronavirus may not have gotten it. This includes counseling from a mental health professional.

4 Ways to Help Make Society Work for Women (and for All!)

- 1 Advocate for flexible scheduling in workplaces.
- 2 Share the work at home.
- 3 Support programs that protect women and children from violence.
- 4 Contribute to your local Women's Fund.

This research is a collaboration of the Women's Funds of Northeast Wisconsin.



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